

# Spitzensport trotz Handicap

Deutsches Paralympic-Nachwuchsteam im Ski Alpin trainiert in der Region



Das deutsche Paralympic-Nachwuchsteam SKI Alpin startet daher beim Crossstraining im Wald.

A photograph of a man performing a handstand on a green resistance band. He is wearing a light blue t-shirt, dark shorts, and a cap. The background shows a grassy area and some trees. The text above the image describes winter sports training with resistance bands.



Von Claudia Buchmüller